

2019

# Annual Report

MINNESOTA CRISIS INTERVENTION TEAM



**Minnesota  
Crisis Intervention Team**

MN CIT  
1860 Wooddale Dr. Ste 100  
Woodbury, MN 55125

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# From the Executive Director

I would like to share my sincere gratitude to each person who has helped make MN CIT what it is today, and who continue to hold us to high standards as we raise awareness about mental health crises and how our communities can better respond to them. Since the very beginning, fourteen years ago, our mission has been to provide informative, relevant, and practical de-escalation techniques for police responding to mental health crises. In recent years, we have expanded our training sessions to include more emergency medical professionals, as well as fire and rescue teams. Thanks to our many volunteers, coaches, and financial benefactors, we have been able to serve thousands of police and first responders across Minnesota.

I would also like to specifically highlight and appreciate our connection with the South Dakota Sheriff's Association, which has helped us share the CIT model across state lines. Mental health crises can impact any community, and we can all benefit from improving emergency responses to this type of crisis. We have worked hard to provide access to CIT training that benefits both the community and the first responder.

Whether you are a law enforcement officer, firefighter, paramedic, mental health professional, elected official or person directly affected by mental illness, you can become an advocate for changing the way your community responds to crisis incidents and people struggling with mental health. You can bring this training to your community by sharing the CIT model with your agency, volunteering with us, or joining our growing list of financial contributors. Wherever you are in your CIT journey, we invite you to stay connected with us in 2020.





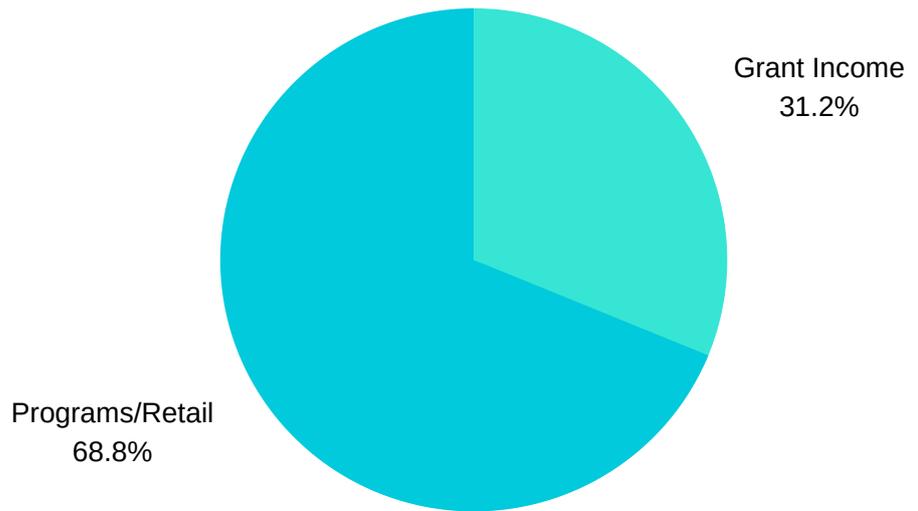
# 2019 Financials

## \$404,472.22

### TOTAL INCOME

#### Grants:

- Alkermes Inspiration Grant
- Schulze Family Foundation
- Union Pacific Foundation
- Otto Bremer Trust

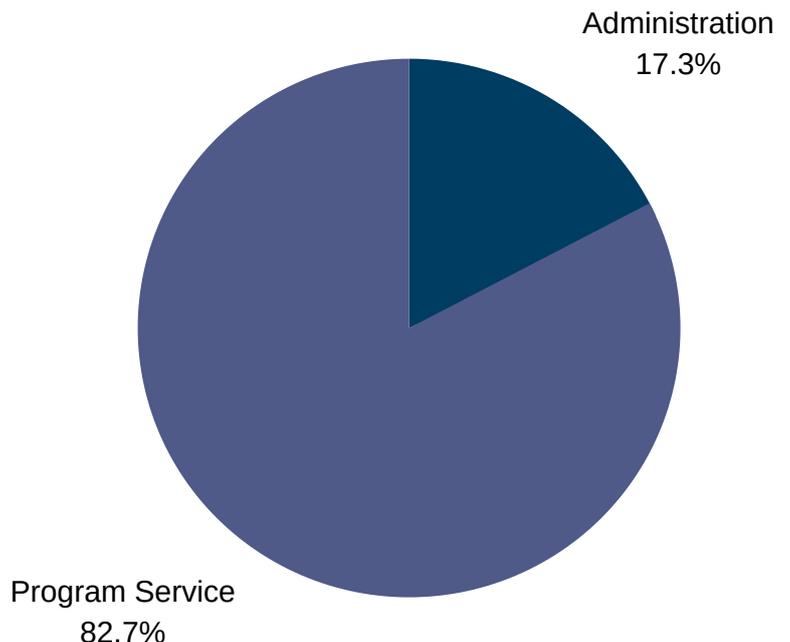


## \$402,547.93

### TOTAL EXPENSES

#### Program service includes:

- Alumni Networking
- Peer Mentoring
- Food & Supplies
- Logistics



# 2020 Objectives and Mission

## 1 MAINTAIN QUALITY IN-PERSON TRAININGS

Improve community safety, mental health responses, and officer safety through in-person trainings.

## 2 IMPROVE PEER MENTORING

Develop accessible mentoring and support opportunities for CIT trainees and coaches

## 3 BUILD INTERNAL CAPACITY

Hire and train more staff as well as improving communication of CIT approach and products

## 4 FINANCIAL SECURITY

Engage in grant-seeking in addition to direct marketing and sales methods to expand income and become more self-sustaining

## 5 ONLINE TRAINING PLATFORM

Launch online learning platform and begin marketing mid-2020. We aim to have all online material available by Jan 2021, which includes 24 hours of online modules followed by 16 hours of in-person roleplaying and skill application.

## Our Mission

to provide law enforcement personnel and mental health professionals with information and training in how to safely and compassionately handle a person in a mental health crisis.

With the help of law enforcement officers and mental health professionals, we provide training to police officers, corrections officers, and mental health providers and professionals on how to successfully build a CIT team.



# 2019 Board of Directors

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